

Professional Development Assessment



Instructions:

Distribute the Professional Development Assessment during a staff meeting, professional learning community, or grade-level team meeting to determine professional development needs and interests for classroom physical activity topics. Count the responses for each topic - the higher the total score, the more interest in a topic. Use the results to complete the Professional Development Planning Template.

Assess the following classroom physical activity topics based on your interest in receiving professional development on the topic. 1 = not at all interested, 5 = very interested

The connection between physical activity and academic achievement (for example, benefits, including the impact of physical activity upon academic performance, classroom management, and student behavior).

How to connect classroom lessons for other subjects to physical activity (for example, connecting physical activity and literacy).

Practical ideas for how to promote and plan for classroom physical activity.

How to use physical activity to manage the classroom (for example, to calm or energize students) and to meet other classroom goals.

Physical activities that include all students, regardless of ability.

On what other topics are you interested in receiving professional development?

Professional Development Planning Template



Instructions:

Step 1: Review the list of professional development topics in Column 2 and add any additional topics of interest.

Step 2: Rank the topics in Column 2 using the results of the Professional Development Assessment or another set of criteria (for example, feasibility, available resources, and impact). Rank the topics in Column 1.

Step 3: Identify an individual or organization who can provide professional development on each topic. Consider resources within and beyond the school community (for example, teachers, physical activity champions, parents, community organizations, and colleges and universities). List these individuals or organizations in Column 3.

Step 4: Consider any additional resources or supports that will be required to support the professional development opportunity (for example, administrative buy-in, financial, time). Put this information in Column 4.

Step 5: Brainstorm when the professional development event could occur (for example, professional development days, staff meetings, common planning times, after school, and state conferences). List opportunities and any upcoming dates in Column 5.

Professional Development Planning				
RANK	TOPIC	WHO CAN CONDUCT AND FACILITATE PROFESSIONAL DEVELOPMENT ON THIS TOPIC?	RESOURCES AND SUPPORTS REQUIRED	WHEN TO CONDUCT PROFESSIONAL DEVELOPMENT ON THIS TOPIC
<i>Sample entry:</i> 7	<i>Physical activities that include all students, regardless of ability.</i>	<i>Mr. Jones, PE Teacher Local Special Olympics chapter</i>	<i>Principal support 3 hours of time Space to model activities</i>	<i>Staff development day in October</i>
	The connection between physical activity and academic achievement			
	How to connect classroom lessons for other subjects to physical activity			
	Practical ideas for how to promote and plan for classroom physical activity			



Professional Development Planning

RANK	TOPIC	WHO CAN CONDUCT AND FACILITATE PROFESSIONAL DEVELOPMENT ON THIS TOPIC?	RESOURCES AND SUPPORTS REQUIRED	WHEN TO CONDUCT PROFESSIONAL DEVELOPMENT ON THIS TOPIC
	How to use physical activity to manage the classroom			
	Physical activities that include all students, regardless of ability			
	Other:			
	Other:			
	Other:			