

2018-2019 by the Numbers

5

classroom physical activity resources

In partnership with CDC, Springboard to Active Schools released five new resources in November 2018 on classroom physical activity, including a strategies guide, implementation guide, and a comprehensive online platform. These resources were 18 months in the making and represented input from national, state, and local partners and practitioners, including many of you on our Expert Committee.

40

field stories and highlights

Through the Spotlight Series and the Classroom Physical Activity Stories from the Field, Springboard to Active Schools created 40 resources that specifically highlight the expertise, tips, and tricks from individual practitioners who are leading professional development efforts or are implementing physical activity strategies in their state.

60

state leaders trained

Springboard to Active Schools led the planning of a collaborative Training of Trainers (ToT) along with our partners at Alliance for a Healthier Generation, National Association of Schools Nurses, and SHAPE America. This ToT, known as the Healthy Schools Academy, brought together more than 60 individuals from 17 CDC-funded states for 2.5 days of training on physical education and physical activity, healthy out of school time, nutrition, and managing chronic conditions. Over the course of a year, Springboard led 20 meetings with our partners and sent countless emails to plan for the Healthy Schools Academy.

12

hours of training content

Springboard to Active Schools led or co-led six conference presentations at the 2018 American School Health Association Conference and the 2019 SHAPE America National Convention. Our presentations reached more than 130 individuals and included information on supporting physical activity during the day, resources around Comprehensive School Physical Activity Programs, and integrating classroom physical activity into pre-service teacher education.

6

conference presentations

Springboard to Active Schools provided trainers from 17 states 12 hours of content on Comprehensive School Physical Activity Programs, recess, classroom physical activity, and adult learning theory at the Healthy Schools Academy Training of Trainers in February.

1000

subscribers

Our audience continues to grow. We currently have more than 450 subscribers to our Springboard to Active Schools listserv, in addition to our 500+ network partners who receive NNPHI's Top 5 newsletter. We share resources, upcoming events, and relevant information with our listserv members and through the Top 5, ensuring that our key partners stay up-to-date with all Springboard to Active School efforts.

200+

webinar participants

Through five interactive webinars, Springboard to Active Schools reached more than 200 individuals and shared information on the new classroom physical activity resources and how to address physical activity in youth.

