

## Parents' Perceptions of Active Schools

- **87%** of parents believe the schools should have the same responsibility for students' physical learning, academic learning, and social and emotional learning
- **47%** of parents said their school is an active school because it offers most of the opportunities listed in the survey definition.
- **86%** of parents said it is important to them that their school/child's school is an active school.
  - › **55%** of parents said it is extremely or very important to them that their school / child's school is an active school

Importance of each aspect of an active school	Ext + Very Imp	Ext + Very Imp + Imp
Physical education	70%	94%
Recess	53%	79%
Ability to walk/bike safely to/from school	51%	75%
After school PA programs/opps	50%	85%
Physical activity in the classroom	49%	78%
Seeing school staff participate in staff health/wellness activities as role modeling	48%	84%
Time in the school schedule on some or all days of the week for <u>MS and HS</u> students to participate in their choice of PA such as fitness, sport, dance, yoga, or similar	46%	83%
Before school PA programs/opps	36%	74%
Alternatives to traditional classroom seating	28%	42%

*Active Schools. (2019). The movement disparity: Parent and principal perspectives on physical activity in schools. Chicago, IL: Action for Healthy Kids.*