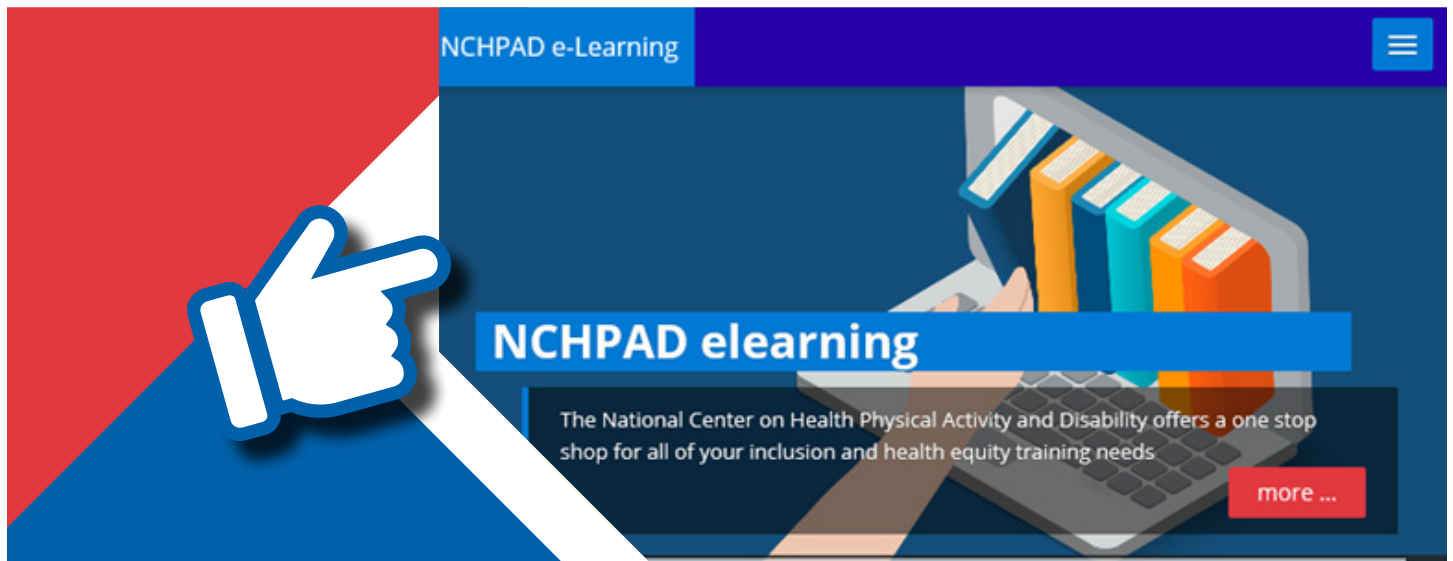


# Instructions to access NCHPAD's Discover Inclusive Nutrition Education

Discover Inclusive Nutrition Education provides strategies for how to include youth with disability in your nutrition and health education. This training covers the definition of inclusion, effective teaching strategies for multiple disabilities, information on accessible school gardens, and several inclusive nutrition resources. To access this training from the National Center on Health, Physical Activity, and Disability (NCHPAD), follow the steps below:"



1. Go to <https://elearn.nchpad.org/>
2. Click on Focus Areas.



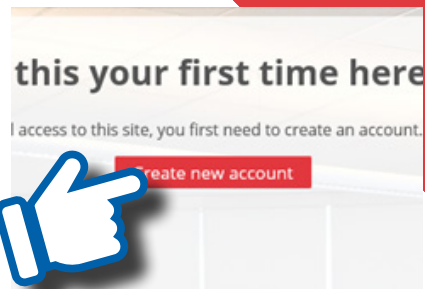
3. Click on the Nutrition tab.
4. Click on the Discover Inclusive Nutrition Education tab.
5. Choose a username and password.
6. You will receive an email that contains easy instructions to complete your registration. This could take a couple of minutes.
7. Enroll in the course.
8. Download the PPT presentation by clicking on the PPT thumbnail.
9. Watch and listen to audio on the PPT.
10. After completing watching the PPT, download and complete the quiz by clicking on the quiz thumbnail.
11. You will be prompted to download the certificate of participation after seeing the presentation and successfully answering the quiz.



### Discover Inclusive Nutrition Education

Discover Inclusive Nutrition Education provides strategies for how to include youth with disability in your nutrition program.

Click to enter this course



**For more  
information  
visit:**

**Toll-Free**  
1-800-900-8086

**Email**  
email@nchpad.org